



Classes for Teachers and Parents: Spring 2011

The Children's Farm School Classroom

7:00 to 9:00 pm

Come join us for new information, inspiration and discussion with others working with children.

EU's offered for teachers.

Fee: \$15 per class

GIRL CULTURE:

Thursday, April 14

Through media, at the playground, in stores, sports and school, girls are bombarded with messages of what it means to be a girl in today's society. Look at research on how these messages are impacting girls in the areas of body image, self-awareness, confidence, academics and social interactions. Discuss what can be done to help counter these negative impacts and how we can raise healthy girls in today's society. (J. Hanlon)

GARDENING WITH CHILDREN:

Monday, April 25

It's more than Science! It's more than Science! Learn about social and emotional benefits to children, planning a garden at school or at home, getting started inside, and integrating garden learning into the rest of the curriculum. Ideas and seeds to "get them growing." Note: This class starts at 6:30-8:30 in order to visit the gardens outdoors. (N. Jones)

SPORTS AND YOUR CHILD

Thursday, April 28

How can parents and teachers foster healthy competition? And healthy exercise? What sports are best for your child? When is a good time to begin? How much should you be involved? Sports can be a big part of a child's life. Let's talk about how we can make good decisions about sports in order to benefit our children. (N. Jones)

DISCIPLINE? IT'S ABOUT RELATIONSHIPS

Monday, May 2

A new look at evaluating our parenting or teaching goals and comparing them to the roles we play in our interactions. Ideas for keeping your eye on the big picture as we deal with the day to day challenges of children. Includes the 25 ways to say "No." with love and respect. (N. Jones)

Nancy Jones, M.S. and Jenny Hanlon, M. Ed. are both parents, early childhood teachers and parent educators. They shares insights from research on child psychology and child development combined with years of teaching experience at the Children's Farm School.

To register for any class, complete form below and mail to:

Children's Farm, Box 278, Lake Elmo, MN 55042

Questions, call : (651)439-7745

Name _____

Address _____

phone _____

e-mail address (to receive confirmation by e-mail) _____

Class(es) _____ fee enclosed (\$15 per night _____)